“THE ACHE FOR HOME LIVES IN ALL OF US, THE SAFE PLACE WHERE WE CAN GO AS WE ARE AND NOT BE QUESTIONED.”

—Maya Angelou

MISSION STATEMENT

The Homeless Prenatal Program works with families to break the cycle of homelessness and poverty. Seizing the motivating opportunity created by pregnancy and parenthood, HPP joins with families to help them recognize their strengths and trust in their capacity to transform their lives.
BREAKING THE CYCLE OF HOMELESSNESS AND POVERTY IN FAMILIES

We moved into our very own home two years ago—a warm and welcoming headquarters in the Mission District. And because of our new home, more families are coming to us than ever before for services and support that help them break the vicious cycle of homelessness and poverty.

We are committed to supporting all pregnant homeless women and families who walk through our door. Because more people are turning to us every day, we are reinforcing our capital campaign to pay off our building. This will allow us to use our resources to provide services to the overwhelming number of families that need our help. The campaign also will create a fund for ongoing building maintenance and operations, providing additional resources for these families in need.

CAPITAL CAMPAIGN:
To date, HPP has raised more than $4.2 million from foundations, individuals, government sources and corporations. Each member of the Board of Directors has privately contributed as well, representing 15% of the total capital raised through individual donations.

Help us reach the finish line:
We will be in touch about our capital campaign and how you can help us raise the additional $1.5 million we need to reach our goal.
Dear Friends of HPP,

We are pleased to share this annual report outlining our successes and challenges at the Homeless Prenatal Program (HPP) during this past year.

I can’t believe it has been more than two years since we moved into our “new” home. I am in awe of the compassion and commitment of our staff to make clients feel at home.

“Mi casa es su casa,”—my house is your house or “I’m glad you’re here” is how our Community Health Workers (CHWs) greet clients. They listen deeply to their fears, needs and concerns, whether they are immigrants who speak little English or native San Franciscans who have lost a job or have a substance abuse problem. The CHWs and case managers help clients begin their first steps on the journey to health and wholeness.

Since 1989, HPP has worked to end homelessness and to break the cycle of poverty in families. Initially we provided only prenatal health care for homeless women living in a shelter; now we offer support services for the entire family (more than 2,600 of them!) from our own three-story building in the Mission District.

In fiscal year 2007, HPP helped 402 families move into housing, meaning that 770 children now have a place to call home. During that same period, Wellness Center clients birthed 116 babies, 92.2% of whom enjoyed healthy birth weights and 96% of whom were born drug free. For next year, we plan to formalize a home visit program and to house an on-site dental clinic.

Not only do we wish to end the cycle of poverty, but we are determined to trigger a cycle of abundance. We want these children to move forward in life and never end up homeless again. That is where you, our staff, our Board of Directors, our donors, and our extended family of friends, volunteers and supporters come in. With your help, children begin life in healthy and stable families.

Thank you for giving—your time, your money and your understanding.

Warmly and muchísimas gracias,

Martha Ryan,

Founder and Executive Director
FAMILY SUPPORT

• Drop-in childcare center for children while their parents access services
• Housing assistance, including help with move-in costs in obtaining rental housing
• Emergency services, including food, clothing and transportation
• Community Technology Center offering classes in computer and Internet skills
• Mental health services for parents and children
• Family violence prevention services offering therapy and referrals to shelters
• Substance abuse services to help parents get into treatment programs and help them retain custody of their children
• Immigrant support services, including advocacy with the schools and courts
• ESL classes
• Free tax preparation services
• An arts corner where families use art as therapy as well as creative expression

WELLNESS CENTER

• Prenatal and parenting education to teach parents about pregnancy and birth, and how to raise a healthy child
• Healthy lifestyle and stress reduction practices including massage, yoga, infant massage and nutrition classes
• Doula (childbirth and labor support) services
• Parent support groups to foster community among women who feel isolated
• New Beginnings program to help substance abusing pregnant women quit using and/or enter a treatment program in time to ensure the birth of drug-free babies
• Group prenatal care in collaboration with midwives from San Francisco General Hospital’s CenteringPregnancy program
COMMUNITY HEALTH WORKER (CHW) TRAINING PROGRAM

- An intensive, 12-month paid internship that prepares unemployed, formerly homeless mothers to transition from welfare to financially self-sustaining full-time jobs with benefits
- CHWs perform outreach for HPP in the community and meet with clients when they first come for help

HPP HONORS SFGH LABOR AND DELIVERY NURSES

Each year HPP honors a community partner at the annual fundraiser. The 2008 HPP Our House event celebrated the Labor and Delivery Nurses at San Francisco General Hospital.

Over the years, most of HPP’s pregnant clients have chosen to give birth at SFGH. The exceptional nursing staff and the remodeled birthing rooms, which even provide a bed for the partner or doula of the birthing woman, make this a very desirable environment for the birth of a baby.

Laura Mahlmeister, who has been a labor and delivery nurse for nearly 40 years, explains that the nurses at SFGH have “an esprit de corps that centers on caring. Caring is the essence of nursing. Caring means going beyond the complex tasks of providing physical care. It means addressing the social, spiritual and emotional needs of women and their infants. That is what the Birth Center nurses do, and that is why they are unparalleled in their practice. Supporting the Homeless Prenatal Program is an example of this ethic of caring.”

The Labor & Delivery nurses partner with HPP in other ways. For example, in November 2007, a team of SFGH nurses, midwives, friends and family participated in the St. Jude Half Marathon with some HPP staff, sporting T-shirts with the HPP slogan, “Run with the Turtles.” Every “turtle” on the team crossed the finish line and the group raised almost $10,000 to support HPP’s work.
Rosa “Rosy” Herrera lost her restaurant and her mother in the same year. Struggling to pay the rent and feed her family, grieving and depressed, Rosa came to HPP after her son's teacher suggested it.

Lupe Valenzuela, Rosa's HPP case manager, recommended that she attend the weekly Latina support group. Rosa received encouragement and understanding from fellow support group members and slowly began to share her feelings about her mother's death from cancer, the loss of her business and her difficulty finding a job.

Sometimes Rosa attended HPP’s art class, and several times she won the raffle for a $10 voucher from FoodsCo. “That was often the only money I had to feed my family,” she said. “I was so grateful.” She had never created art projects before and found it deeply healing, especially while she was negotiating with her landlord to keep her apartment because she had become one month behind in rent. She ultimately acquired more roommates to help pay the rent.

Each Monday she came to HPP to get a food bag, day-old bread and bags of rice, often returning the next day to share delicious bread pudding and arroz con leche she had prepared from the food donated to HPP by the San Francisco Food Bank.

Word soon spread about Rosy’s delicious cooking, and she was invited to cater HPP’s 2006 Staff Christmas Party.

As her confidence built through the support she received at HPP, Rosy was determined to re-open her restaurant in a new location, and in January 2008 she opened Rosy’s Restaurant, serving Salvadorean and Mexican food for breakfast, lunch and dinner, seven days a week. Located at 2341 Folsom Street near 19th, the restaurant is a favorite of firefighters and PG&E employees who work nearby. Specialties include pupusas, soups, tamales, burritos, seafood dishes, and natural fruit drinks.
HPP FRIENDS HOST BEST BABY SHOWER EVER!

Four times a year, HPP’s Wellness Center offers an eight-week series of free, bilingual prenatal education classes where clients learn how to have a healthy pregnancy and prepare for childbirth and labor. They also learn about newborn care and breastfeeding, as well as postpartum care. The ninth class is a baby shower celebrating all of the women and their partners who have attended the class and the upcoming birth of the baby.

In February 2008, HPP’s good friends Brenda Jewett (below left) and Lindsay Bolton (below right) invited 24 of their friends to a luncheon at the Burlingame Country Club to collect gifts for the Wellness Center’s March 6th baby shower. Each guest donated a beautiful stylish bag overflowing with outfits for newborns, blankets, diapers and soft stuffed animals.

Brenda and her son Sam and their friends Sarah Woodward and Sara Zilkha hosted the baby shower at HPP. Not only did the expectant moms receive their gifts, the hosts provided a delicious lunch for the moms, their friends and families. The lunch consisted of savory chicken, rice and beans, Brenda’s homemade cornbread, a healthy mixed green salad and a beautiful cake baked and decorated by HPP volunteer Betsy Rogers.

VOLUNTEER SPOTLIGHT

Art Teachers: Linda Eckmann and Liz McCarthy

It’s all in the family for HPP art teacher volunteers Elizabeth “Liz” McCarthy and Linda Eckmann.

Two years ago, Liz took her daughter Sheila’s advice and offered to teach art at HPP.

Every Thursday afternoon Liz comes to HPP. Mothers join the class after meeting in HPP’s Latina Support Group. The art class gives them an opportunity to paint a ceramic tile or mug. Older children in HPP’s on-site childcare center also participate in the art projects.

Liz’ daughter Sheila takes the tiles and mugs to her pottery studio in Sebastopol where she fires them in her kiln. She then delivers the finished art work to HPP. The moms take home the mugs and the tiles are hung on concrete columns at HPP for warmth and decoration.

Liz, the mother of 11 children and grandmother to 16, is proud of the work of her students.

“I enjoy working with the girls and boys of all ages,” says Liz. “It’s not really work, watching them enjoy themselves.”

Artist Linda Eckmann began volunteering in HPP’s childcare center one summer. She would bring the older children to the art room to create art using recycled cottage cheese containers and scrap paper. Linda also enjoys leading seasonal projects where children make snowflakes, Valentine’s Day cards and Easter baskets.

“I know that art saved my own life,” says the mother of two grown children. “You have control over your world when you make art. You lose track of time and you’re one with your painting.”

“As for working with HPP clients, who often come to the art room when they are under a lot of stress in their lives, making something beautiful helps them relax and gives them pleasure,” Linda adds.
2007 JULY
• Community Health Worker graduation ceremony

AUGUST
• Wellness Center hosts baby shower
• Wellness Center hosts 2nd annual Health Fair

SEPTEMBER
• The Junior League of San Francisco (JLSF) kicks off the first Super Sábado/Super Saturday at HPP, opening one Saturday a month to welcome clients for family fun, art activities and a nutritious lunch.

OCTOBER
• Community Health Workers begin working full time to accommodate the growing number of families seeking services. Previously, CHWs worked only 32 hours a week.
• University of San Francisco students establish a Spanish-language library on childbirth and parenting for the Wellness Center
• Wellness Center begins weekly Momma/Baby yoga class on Tuesdays
• JLSF Super Sábado/Super Saturday celebrates Halloween
• Childcare Center hosts Halloween “trick or treat” parade

NOVEMBER
• Wellness Center hosts Baby Shower
• JLSF Super Sábado/Super Saturday celebrates Thanksgiving
• Thanksgiving food baskets distributed to HPP clients.

DECEMBER
• JLSF Super Sábado/Super Saturday celebrates Christmas

2008 JANUARY
• Renowned pediatrician T. Berry Brazelton makes a housecall to HPP
• JLSF Super Sábado/Super Saturday celebrates magic

FEBRUARY
• HPP hosts Lamaze International childbirth educator training
• JLSF Super Sábado/Super Saturday celebrates Samba

MARCH
• Wellness Center hosts baby shower sponsored by Brenda Jewett and Lindsay Bolton
• Wellness Center begins bilingual Food Smarts Workshops taught by Leah’s Pantry for pregnant clients and new mothers
• JLSF Super Sábado/Super Saturday celebrates Easter

APRIL
• Childcare center begins playgroup for parents and children every Thursday morning
• JLSF Super Sábado/Super Saturday barbecue and movie

MAY
• HPP hosts Our House Annual Benefit honoring San Francisco General Hospital labor and delivery nurses
# Statement of Financial Position

## June 30, 2007

### Assets

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Cash and cash equivalents</td>
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<tr>
<td>Grants and contracts receivable</td>
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<td>Other current assets</td>
<td>42,489</td>
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<tr>
<td>Other assets</td>
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<td>Property and equipment, net</td>
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<tr>
<td><strong>Total Assets</strong></td>
<td><strong>$5,931,483</strong></td>
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### Liabilities

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<tr>
<th>Description</th>
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<td>Accounts payable</td>
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<td>Accrued vacation</td>
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<td>Mortgage payable</td>
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<td><strong>Total Liabilities</strong></td>
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### Net Assets

Unrestricted

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<td>Operating</td>
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<td>Property and equipment</td>
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<td><strong>Total unrestricted</strong></td>
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<td>Temporarily restricted</td>
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<td><strong>Total Net Assets</strong></td>
<td><strong>4,110,157</strong></td>
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**Total Liabilities and Net Assets**

**$5,931,483**

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Foundations ........................................ 44%

Government Grants ................................. 35%

Individual Contributions ........................ 15%

Corporate ........................................... 3%

Interest/Other ...................................... 3%

Percentages include operational and capital campaign contributions.
**STATEMENT OF ACTIVITIES**

**June 30, 2007**

**CHANGES IN UNRESTRICTED NET ASSETS:**

<table>
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<th>Category</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Revenues and support</td>
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<td>Foundation grants</td>
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<td>Government grants</td>
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<td>Contributions</td>
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<td>Special event</td>
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<td>Rental income</td>
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<td>Other revenues</td>
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<td>Net assets released from restrictions</td>
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<td><strong>Total unrestricted revenues and other support</strong></td>
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<td>Expenses</td>
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<td>Program services</td>
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<td>Supporting services</td>
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<td>Management and general</td>
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<td>Fundraising</td>
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<td><strong>Total expenses</strong></td>
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<td><strong>INCREASE IN UNRESTRICTED NET ASSETS</strong></td>
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**CHANGES IN TEMPORARILY RESTRICTED NET ASSETS:**

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<td>Grants – Foundations</td>
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<td>Net assets released from restrictions</td>
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<td><strong>INCREASE IN TEMPORARILY RESTRICTED NET ASSETS</strong></td>
<td><strong>466,292</strong></td>
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**INCREASE IN NET ASSETS**

$1,579,808

**NET ASSETS, beginning of year**

$2,530,349

**NET ASSETS, end of year**

$4,110,157

Audit by: Claridad & Crowe

HPP Finance Director: Beverly Ashworth
We have tried to ensure the accuracy of this list, and we apologize for any inadvertent errors or omissions.
THE EFFECTIVENESS OF THE HOMELESS PRENATAL PROGRAM

The effectiveness of the Homeless Prenatal Program and its staff has been recognized by several media outlets and organizations, including:


• September 2007. HPP recognized as the first honoree of the Giants Community Fund’s Isabelle Lemon Community Spirit Award.

• 2007 KQED, Women’s History Month, “Local Heroes” Award. Ceremony at KQED March 21, 2007. Executive Director Martha Ryan was one of five women so honored.

HISTORY OF ACCOMPLISHMENTS

• Of 1,600 babies born to poor and homeless mothers served by HPP since 1992, 90% have had healthy birth weights (5lbs, 8ozs or higher) and 95% were born drug free.

In 2007:

• 116 babies were born, 107 (92.2%) were born of healthy birth weights and 111 (96%) were born drug free.

• 402 families moved into housing, ending homelessness for 770 children.